-> John Stapleton



Office of the Minister Bureau du Ministre Ministry of Community and Social Services Ministère des Services sociaux et communautaires Hepburn Block Oueen's Park Toronto, Ontario M7A 1E9 416/325-5225

Edifice Hepburn Queen's Park Toronto (Ontario) M7A 1E9 416/325-5225

October 20, 1995

Hon. Bob Rae, MPP
Leader of the New Democratic Party
Room 381, Main Legislative Building
Queen's Park
Toronto, Ontario
M7A-1A5

Dear Mr. Rae:

For your information, I have attached a sample shopping list for a single employable person. It is up to individuals to make their own choices based on their own personal preferences or experiences.

My ministry staff are currently working with a consultant to develop practical information for social assistance recipients and working people on low incomes.

I would assure you that this effort is only one small part of this government's commitment to helping people. We are also dedicated to assisting people to break the cycle of dependency on welfare and to help them back into the workforce. Our earn back provision is giving people the incentive to take that important first step into the job market.

This government is committed to reforming the welfare system into an active, and mandatory work program where people, are given a hand up, rather than a hand out. Welfare reform is a top priority for this government and for my ministry. Too many people have been trapped in the welfare system for too long.

Sincerely,

David H. Tsubouchi Minister of Community and Social Services

FOOD SHOPPING LIST SOLE SINGLE G.W.A.

GRAIN PRODUCTS:

4.00 for 750 -CORN FLAKES (625 g) X 2 \$5.58 \$1.99 -QUAKER OATS (1 kg) \$2.97 -WHOLE WHEAT BREAD X 3 1,70×4 -PRIMO PASTA (900 g) X 4 \$5.16 -WHOLE GRAIN RICE (2 kg) X 2 \$6.58 \$22,28

VEGETABLES AND FRUIT:

•		,
-CARROTS (2 lb)	\$0.99	
-BANANAS (5 pcs.) X 2	\$1.38 2	10
-BROCCOLI X 2	\$2.98	ч <i>Б</i>
-CAULIFLOWER X 2	\$3.98 5.7	56
-APPLES (6 pcs.) X 2	\$2.58	~
-ORANGE JUICE	\$0.99 7.14	1
-LETTUCE (1 head)	\$1.79	رور
-POTATOES (10 lb)	\$1.77 3/4	۲.
-ORANGES (6 pcs.) X 2	\$3.38 715	1
-MIXED VEGETABLES	\$2.49	Y
		٠,٠
	\$22.33	

DAIRY PRODUCTS:

-MILK (4 1) X 4	\$14.76	UP ; 0	
-YOGURT (175 g) X 12 -CHEESE (24 Slices)	\$2.99 \$3.19	4.69	on rate
(,,	\$20.94		

FOOD SHOPPING LIST SOLE SINGLE G.W.A.

MEAT AND ALTERNATIVES:

-GROUND BEEF (1 kg) -CHICKEN BREASTS (6 pcs.) -EGGS -BOLOGNA (125 g) -BEANS X 12 -PEANUT BUTTER (900 ml)	\$5.84 \$3.27 \$1.79 \$1.79 \$9.48 \$2.49	72,00 2,69 forts 99 X12 3,00 po 1000
	\$24.66	

SUB TOTAL: (SUBJECT TO APPLICABLE TAX)

\$90.81